



PASSION SQUAD CLUB WORKBOOK

Club Name/Title

School

Founded

CLUB MISSION

To empower Ghana's youth through the sharing of knowledge and skills related to health, hygiene, and general wellness, especially in regard to STIs and HIV/AIDS, to ensure a future healthy adult life of informed decisions and behaviors.

PATRONS AND EXECUTIVES

ACADEMIC YEAR

PATRON(S)

EXECUTIVES

POSITION

STUDENT NAME

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PASSION SQUAD CONSTITUTION

This constitution serves as a guide for how the club operates. It outlines the most important elements of how the club is governed and conducts its work to achieve its mission and goals.

PASSION SQUAD RULES

Rules help to give everyone an idea of what behaviors to engage in and how to interact in club meetings and activities. These rules should be important and agreed upon by all members and executives. By adding rules to this list, members agree to share these rules and help one another follow them. This sheet can be revised by the club at any time if everyone in the club agrees.

CLUB PLEDGE

To create your club pledge/promise, think about what you want the club to accomplish while you are a part of it, and how you can be a part of making that accomplishment possible.

Example Pledge/Promise:

As a member of the Passion Squad, I pledge to make my school a healthier place by learning all I can about topics that my community cares about, and sharing my knowledge with everyone I meet in a caring and creative way.

If you would like, you can use the following format to help you think of some ideas of your own.

"I pledge/promise to..."

<i>Activity</i>		<i>Method</i>
	<i>by</i>	
	<i>by</i>	
	<i>by</i>	

As a club, decide on your favorites and create a statement that everyone can remember and appreciate.

Final Pledge:

WORKSHEETS

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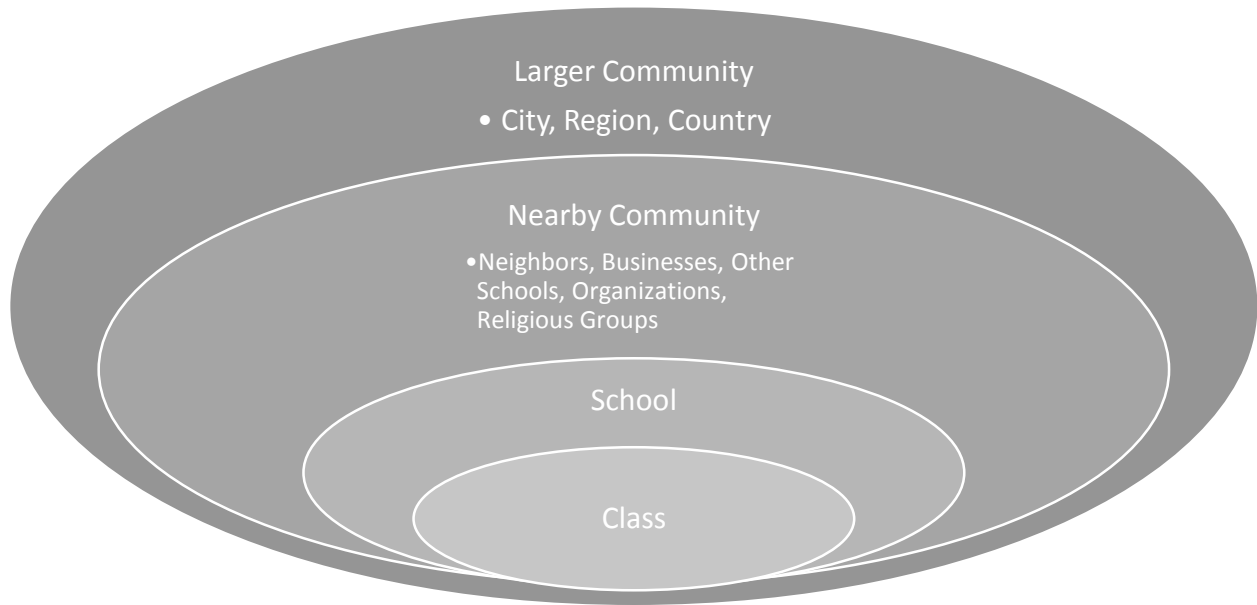
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PROBLEM IDENTIFICATION

If your club is unsure of what activities and topics to focus on, you can look to your community for help.

Start by defining your community. You can use the worksheet below to help you think.

Look at the diagram below. Each of these areas is connected to you and is a part of your community. Think of some people who you might be connected to through sharing different kinds of community. Share ideas as a club about who might be included in each area from your group's point of view.



Now think about some health and wellness related problems that some of these community members may share. Draw a circle around any problems that are shared between two or more areas.

Problems that Impact Your Class	Problems that Impact Your School	Problems that Impact Your Nearby Community	Problems that Impact Your Larger Community

RESOURCE LIST

This list will provide you with a quick and easy reference for what materials the club already has and how to locate them. This form should be updated periodically as materials and resources are used.

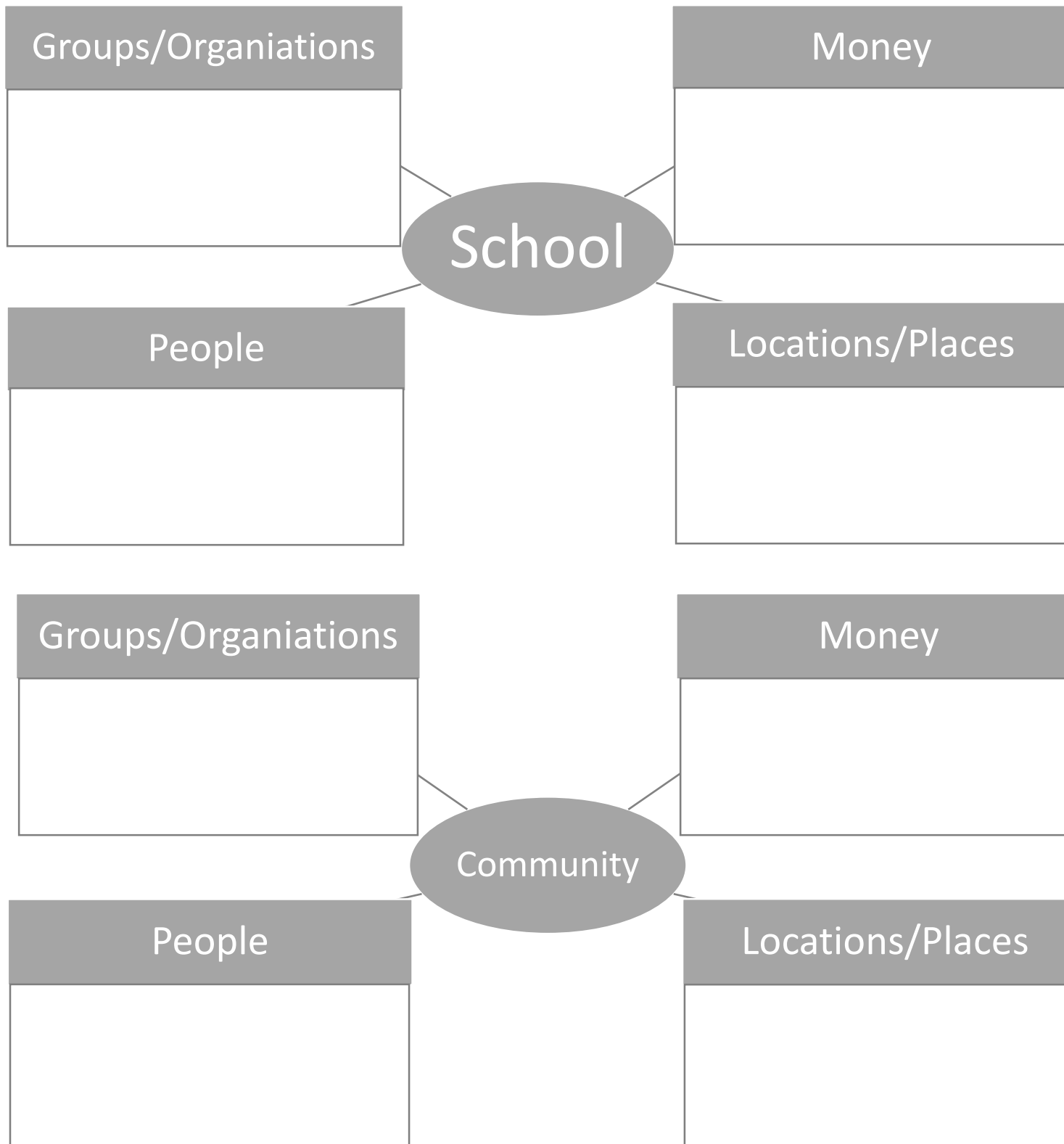
What the Club Already Has

Materials/Resource	How Much/ How Many	Where/ Who Has It
Example: Nutrition Flyers	40	Club Patron's Office

Wish List (What the Club Wants)

RESOURCE MAPPING

Use the space below each category to list the examples you can think of for each. For example, the classroom is a location/place school resource, and the church might be a group/organization community resource.



TEAM BUILDING ACTIVITY IDEAS

If the club's work starts to seem dull or unsatisfying, the club can decide to take some meeting time to do something fun that will remind club members why they joined the Passion Squad. Choose things that are helpful and interesting to your group. Activities might include things such as the following:

- Divide the club into two teams and ask them quiz questions from a topic previously discussed or addressed by the club. See which team can get the most correct responses, and maybe even provide a small prize.
- Start with one person in the middle of an open space. This person should name one thing that another person in the group has helped him or her accomplish. For example "Alex helped me to distribute flyers after school this week." To show gratitude, the person who is named moves to stand in the middle and they hold one another's right hand. The second person must then name one thing a person not already standing in the middle has helped them accomplish. The person who is named moves to stand in the middle and takes the free hand of the person who named them. When everyone is standing in the middle of the room, the last person must thank the first person for something and take their hand so that everyone is holding hands with two different people.
 - For a fun variation, every person must cross his or her arms in front of him or herself as they go. Everyone should purposely try to tangle their arms over and under the arms of other people in the group, standing across from one another rather than next to one another, to make a "knot." When everyone is holding hands with two other people, try to find a way to "untie the knot" without letting go of any hands, to get a single circle of people holding the hands of the people next to them.
- Attach a piece of paper to the back of every club member. Everyone should stand up and move around the room. As they go, they should write one thing they respect or appreciate about as many people as possible on the paper on their backs. For example, if Penelope appreciates that Alice made her laugh when she was feeling overwhelmed, Penelope can write "You made me feel better even when the work was hard" on the paper on Alice's back. Set a time limit, and when time is up, let everyone look at their comments and take them home.
- Engage in school club activity days, competitions, and celebrations as a group. Even if a school football match does not move you towards your mission, it is a great way to build club spirit

ACTION PLAN OUTLINE

This format can be used as a guideline and copied or reproduced as needed.

TASKS					ACTIVITY:	TASKS					ACTIVITY:
										WHEN IT WILL BE COMPLETED	
										RESOURCES REQUIRED	
										WHO IS RESPONSIBLE	

WAAF RESOURCE REQUEST FORM

School: _____

Club Patron: _____

Name of Passion Squad/Club: _____

Patron Contact: _____

Date of Activity: _____

Description of Activity (Please include how materials will be used):

Resources Requested (Please specify type of materials required. For example, the subject matter, such as "Posters: HIV/AIDS" or "30 Minute Presentation: Tuberculosis")

Resource Requested	Number Requested

Other Notes:

ACTIVITY TRACKING FORM

Activity	Date of Activity	Topic	Number of People Reached (Audience)	Ages of Audience	Materials Distributed	Other Information or Notes

PASSION SQUAD ACTIVITY REPORT

School:

Club Patron:

Name of Passion Squad/Club:

	Beginning of Term	End of Term
Total Number of Members:		
Number of Males:		
Number of Females:		
Number of Final Year Students:		

Total Number of Meetings:		
Frequency of Meetings:	Days/week	Days/month

	Money	Other (Please List)
Resources Provided by the School:		
Resources Provided by Club Members:		

Resources Provided by Other Sources:

Source:		
Source:		
Source:		

WAAF Resources Provided (Specify Subject):

Brochures	Number	Posters	Number	Presentations	Number

Educational Activities Engaged In:

Activity Type:	Topic:	Number of Non-Club Members in Attendance:
		Total:

PASSION SQUAD MEMBER SURVEY

List things that your club members think went very well this year:

List things that club members think did not go as well this year:

List some of the challenges and barriers to success you faced:

If you could do it again, what would you change or improve?

In the future, what do you think would help the clubs keep going on their own?

What do the club members hope the club will accomplish in the near future?